

CHATEAU VANIER - BOARD OF GOVERNORS

RULES AND REGULATIONS FOR THE USE
OF THE SWIMMING POOL AND SAUNAS

The operation of the pool is governed and inspected under the conditions of Ontario Regulations 129/74. These rules are necessary to ensure the health, welfare and safety of residents.

YOUR CO-OPERATION IS REQUESTED.

1. AUTHORIZED USERS
The pool is exclusively for the use of Chateau Vanier residents. We have currently suspended the necessity for wearing the Chateau Vanier identification crests because of the small number of pool users. Crests or identification cards will be reinstated should the need arise. New residents may be asked to identify themselves. The Pool and Sauna Committee monitors attendance and adherence to safety rules. If you have any problems please address them to the attention of your Tower Representative.
2. SHOWERS
All pool users must take a cleansing shower before entering the pool. Persons infected with a communicable disease or having open sores must not use Pool and Sauna facilities.
3. BATHING CAPS
Bathing caps must be worn by all pool users whose hair is longer than ear length at sides and back.
4. SWIM SUITS
Swim suits must be worn. This includes small children who should also wear a water proof garment to guard against pollution of the pool.
5. FOOTWEAR FOR POOL USERS
Outdoor footwear is not allowed in the pool area. Pool sandals or other suitable rubbersoled type footwear should be worn to and from apartments in order to prevent possible foot infection and damage to hallway floors from chlorine.
6. TELEPHONE
The pool telephone is for emergency use only. It cannot be used for outside calls.
7. OBJECTS IN THE POOL
No object other than the safety equipment will be allowed in the pool unless specifically authorized.
8. SMOKING - LIQUOR - FOOD
Smoking, drinking or eating is not permitted within the Pool or Sauna premises.
9. PETS
Pets are not permitted in the Sauna or Pool premises.
10. VISITORS
Residents are permitted to bring visitors only on the condition that they accompany them and hold themselves responsible for their conduct.
11. PRIVATE PARTIES
The Pool and Sauna facilities are not available for private parties.
12. POOL AND SAUNAS
Rules concerning the use of the pool and saunas are posted.
13. HOURS OF OPERATION FOR THE POOL
The hours of operation which may be changed from time to time to suit changing conditions will be posted at the entrance to the swimming pool.
14. The Lifeguard and/or Pool Supervisor is there to provide for your safety and welfare. Please obey them.
15. At the sound of whistle, all bathers are asked to leave the water as quickly as possible.
16. Access to the Pool will be allowed only through the staircase leading to the Pool.

CHATEAU VANIER - BUREAU DES GOUVERNEURS

RÈGLEMENTS POUR L'USAGE
DE LA PISCINE ET DES SAUNAS

Les règlements de sécurité qui suivent ont été rédigés à l'intention des usagers de la Piscine et des Saunas. Le fonctionnement de la Piscine est régi et surveillé conformément au règlement 129-74 (Ont.). Ces règlements sont nécessaires pour assurer la santé, le bien-être et la sécurité des résidents.

VOTRE COLLABORATION EST SOLLICITÉE.

1. USAGERS AUTORISÉS
La piscine est pour l'usage exclusif des résidents du Château Vanier. Nous avons aboli la nécessité de porter l'écusson à cause du nombre restreint d'usagers. L'écusson ou la carte d'identité seront de nouveau mis en vigueur si le besoin se fait sentir. Il se peut que l'on demande aux nouveaux résidents de s'identifier. Le comité de la Piscine et des Saunas régit l'accessibilité et l'observance des règlements de sécurité. Si vous avez des problèmes, veuillez les soumettre au représentant de votre tour.
2. DOUCHES
Tous les usagers doivent prendre une douche immédiatement avant d'entrer dans la piscine. Les personnes atteintes de maladies contagieuses ou souffrant de plaies ouvertes doivent s'abstenir d'utiliser les commodités de la piscine ou des saunas.
3. BONNETS DE BAIN
Les bonnets de bain sont obligatoires pour tous les usagers dont les cheveux dépassent la longueur de l'oreille sur les côtés et à l'arrière.
4. MAILLOTS DE BAIN
Le port de maillots de bain est obligatoire. Ce règlement s'applique aussi aux enfants qui doivent porter des sous-vêtements imperméables pour empêcher la pollution de la piscine.
5. CHAUSSURES POUR LES USAGERS DE LA PISCINE
Le port des chaussures extérieures n'est pas permis. Nous recommandons des sandales ou autres chaussures à semelles de caoutchouc pour l'aller et le retour de votre appartement pour éviter des infections possibles aux pieds et des dommages causés par le chlore au plancher des corridors.
6. TELEPHONE
Le téléphone ne doit servir que dans des cas d'urgence. On ne peut l'utiliser pour des appels extérieurs.
7. OBJETS DANS LA PISCINE
Aucun objet, sauf ceux qui sont spécifiquement autorisés, n'est admis dans la piscine.
8. CIGARETTES, BREUVAGES ET NOURRITURE
Fumer, boire ou manger sont interdits sur les lieux du sauna et de la piscine.
9. ANIMAUX
Aucun animal n'est autorisé sur les lieux du sauna et de la piscine.
10. VISITEURS
Les résidents pourront amener des invités à la condition de les accompagner et d'être responsables de leur conduite.
11. RÉUNIONS PRIVÉES
Les lieux de la piscine et du sauna ne pourront être utilisés pour des réunions privées.
12. PISCINE ET SAUNAS
Les règlements au sujet de la piscine et des saunas sont affichés.
13. HEURES D'ACCES A LA PISCINE
Les heures d'accès à la piscine, qui pourront être modifiées de temps à autre, seront affichées à l'entrée de la piscine.
14. Le gardien ou le surveillant est là pour assurer l'ordre et la sécurité des baigneurs. Veuillez tenir compte de leurs avis.
15. Au son du sifflet, tous les baigneurs sont priés de quitter l'eau le plus vite possible.
16. L'accès à la piscine ne sera permis que par l'escalier qui y conduit.

EXERCISE ROOM RULES

1. Users **MUST** sign the User Log.
2. For security reasons, when in use, the door **MUST** remain open. The Exercise Room is also equipped with a digital video surveillance system.
3. No food is allowed in the Exercise Room at any time. Water and energy drinks are allowed but must be in a container with a lid. Users must clean up any spills immediately.
4. Use of the equipment and the facilities are at user's own risk.
5. A user who damages or breaks any equipment shall be responsible for paying for repairs or replacement.
6. The Board of Governors is not responsible for any personal property left, lost, stolen or damaged in the Exercise Room.
7. **Proper exercise clothing and footwear are mandatory.** Pyjamas, nightgowns, dressing/lounging gowns, bare feet, slippers, clogs, sandals, outside shoes and boots are **NOT ALLOWED**.
8. Wipe down equipment after use. Spray paper towel (not equipment) and then wipe equipment. Bring a towel to wipe sweat from body.
9. It is recommended that first-time users try the equipment at the lowest settings.
10. Visitors **MUST** be accompanied by a resident of Château Vanier.
11. Children aged 12 and under are not allowed in the Exercise Room.
12. Users aged 13 to 16 inclusively **MUST** be accompanied by a parent or a guardian who is not less than 18 years of age, and is a resident of Château Vanier.
13. Large equipment must not be moved. Smaller equipment must be returned to its original location after use.
14. Time restrictions are to be followed when using the equipment should other users be waiting their turn. Please have consideration for other users.

Time restrictions:

Treadmill.....	30 minutes
Bicycles.....	30 minutes
Elliptical	30 minutes
Nordic Rider.....	10 minutes

15. No loud music or abusive/provocative language are allowed. Respect other users.
16. Report any broken equipment or unusual happenings to the Management Office or on the User Log (after hours).
17. The last person to leave **MUST** turn off the lights, fans and radio, and lock the door.

N.B. FAILURE TO ABIDE BY THESE RULES MAY RESULT IN THE REVOKEMENT OF YOUR EXERCISE ROOM PRIVILEGES.

RÈGLEMENTS POUR LES UTILISATEURS DE LA SALLE D'EXERCICE

1. Les utilisateurs **DOIVENT** signer le registre des utilisateurs.
2. Pour des raisons de sécurité, la porte **DOIT** rester ouverte quand il y a quelqu'un dans la salle. La Salle d'exercice est aussi protégée par un système de surveillance vidéo.
3. Aucune nourriture n'est permise dans la salle. L'eau et les boissons d'énergie sont permises mais doivent être dans un contenant avec un couvercle. Si vous renversez quelque chose, vous devez le nettoyer.
4. L'utilisation de tout l'équipement dans la salle est aux risques de l'utilisateur.
5. Un utilisateur qui endommage ou brise l'équipement sera responsable pour payer les réparations ou le remplacement de l'équipement.
6. Le Conseil des gouverneurs n'est pas responsable pour toute propriété personnelle laissée, perdue, volée ou endommagée dans la salle.
7. **Les vêtements et chaussures de sport sont obligatoires.** Les pyjamas, jaquettes, robes de chambres, les pieds nus, pantoufles, sandales, souliers d'extérieur et bottes **NE SONT PAS PERMIS.**
8. Nettoyez l'équipement après chaque usage. Mouillez la serviette de papier (et non l'équipement) et ensuite essuyer l'équipement. Apportez une serviette pour essuyer la sueur de votre corps.
9. Il est recommandé que les personnes qui utilisent l'équipement pour la première fois l'essayent au réglage le moins élevé.
10. Les visiteurs **DOIVENT** être accompagnés par un résident du Château Vanier.
11. Les enfants âgés de 12 ans et moins ne sont pas permis dans la salle.
12. Les utilisateurs âgés de 13 à 16 ans inclusivement **DOIVENT** être accompagnés d'un parent, ou d'un gardien qui doit avoir au moins 18 ans, et être un résident du Château Vanier.
13. Le gros équipement ne doit pas être bougé. Le petit équipement doit être remis à sa place originale.
14. Il faut respecter les limites de temps lorsque vous utilisez l'équipement quand d'autres personnes attendent leur tour. Veuillez considérer les autres utilisateurs.

Limites de temps:

Tapis roulant	30 minutes
Vélos stationnaires	30 minutes
Elliptical	30 minutes
Nordic Rider.....	10 minutes

15. La musique à un volume excessif et le langage grossier/provocateur sont interdits. Veuillez respecter les autres utilisateurs.
16. Signalez l'équipement brisé ou des choses inhabituelles au Bureau de la gestion ou sur le registre des utilisateurs (après les heures de bureau).
17. La dernière personne à quitter la salle **DOIT** éteindre les lumières, les ventilateurs et la radio, et verrouiller la porte.

**N.B. TOUTE PERSONNE QUI N'OBSERVE PAS CES RÈGLEMENTS
POURRAIT PERDRE SES PRIVILÈGES D'UTILISER LA SALLE D'EXERCICE.**

(English version on reverse side)

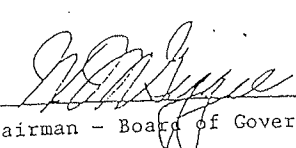
CHATEAU VANIER

PARKING REGULATIONS

Joint Common Elements

- 1 a) Every resident to whom a parking space has been allocated in the garages must place the sticker issued in the back window, right corner, of the vehicle and park in the allotted space. Any vehicle found in the garages without such a sticker will be informed in writing by Management to abide with the parking regulations. If a second such letter is required, an administration fee of \$10.00 will be assessed to the unit owner.
- 1 b) Cars will not be towed out of the garages unless there has been a specific complaint.
2. The Parking Committee under the authorization of the Board of Governors may allocate or re-allocate parking facilities whenever or wherever the Committee deems it necessary for the betterment of these parking facilities.
3. Parking spaces may be rented only to residents of Chateau Vanier.
4. Any changes in occupancy or vehicle ownership must immediately be reported to the person in charge unless special arrangement has been made.
5. Residents parking in the outdoor visitors parking area shall be removed at their risk and expense.
6. All vehicles shall enter parking garages from north side (Tower A) and exit through south doors (Tower C).
7. Any non-emergency vehicle parked in an unauthorized area in the outside parking area will be subject to towing at the owners' risk and expense, by authority of the City of Vanier By-law No. 2032.
8. Any person other than a guest who parks or leaves a motor vehicle on the visitors' parking without permission will be removed at owners' risk and expense, by authority of the City of Vanier By-law No. 2032.
9. Sporting activities are not permitted in the garages, access roadway and visitors parking area.
10. Major car repairs in garages and visitors parking area are not permitted. Residents who change motor oil are forbidden to empty refuse oil in the sewer system. Infractions will be subject to a penalty of \$50.00.
11. Motor cyclists loitering, using parking area, garages and access roadway as a drag strip, revving their motors will be prosecuted.
12. For safety reasons, the 10-mile an hour speed limit will be enforced.
13. All parking regulations shall be enforced by Management.

August 23, 1976


Chairman - Board of Governors

SECURITY: REPORT ANY SUSPICIOUS ACTIVITIES IN THE GARAGE TO YOUR SUPERINTENDENT AT ON

CHÂTEAU VANIER

RÈGLEMENTS DU STATIONNEMENT

Éléments communs partagés

- 1 a) Chaque résident à qui on a attribué un espace de stationnement dans les garages doit placer l'étiquette autocollante émise dans le coin droit de la vitre arrière du véhicule et stationner dans l'espace désigné. Le propriétaire de tout véhicule trouvé dans le garage sans l'étiquette autocollante sera informé par écrit par la Gestion de se conformer aux règlements. Si une deuxième lettre s'avérait nécessaire, des frais administratifs de 10,00\$ seront perçus du propriétaire de l'unité.
- 1 b) Les automobiles ne seront pas remorquées hors du garage à moins qu'une plainte ait été reçue.
2. Le Comité du stationnement, avec l'autorisation du Bureau des Gouverneurs, peut attribuer et réassigner les espaces de stationnement aux temps et lieu que le Comité juge nécessaire pour l'amélioration des aires de stationnement.
3. Des espaces de stationnement ne peuvent être loués qu'aux résidents du Château Vanier.
4. Tout changement de résidents ou de propriétaires de véhicules doit être signalé immédiatement à la personne responsable, à moins que d'autres arrangements aient été effectués.
5. Les automobiles des résidents stationnées dans les aires réservées aux visiteurs seront remorquées à leurs risques et frais.
6. Tous les véhicules doivent entrer dans les garages de stationnement par le côté nord (Tour A) et sortir par les portes du côté sud (Tour C).
7. Tout véhicule autre qu'un véhicule d'urgence, stationné dans les zones interdites dans l'aire de stationnement extérieur, sera remorqué aux risques et frais du propriétaire en conformité avec l'arrêté n° 2032 de la Cité Vanier.
8. Toute personne autre qu'un invité qui stationne ou qui laisse, sans permission, son véhicule dans l'aire de stationnement des visiteurs, verra son automobile remorquée à ses risques et frais en conformité avec l'arrêté n° 2032 de la Cité Vanier.
9. Les activités sportives ne sont pas permises dans les garages, dans les allées et dans l'aire de stationnement pour les visiteurs.
10. Les réparations importantes des véhicules dans les garages et l'aire de stationnement des visiteurs ne sont pas permises. Il est interdit aux résidents qui changent l'huile à moteur de vider l'huile dans le système d'écoulement. Ceux qui commettent une telle infraction sont passibles d'une amende de 50,00\$.
11. Des poursuites seront intentées contre les conducteurs de motocyclettes qui flânent ou qui utilisent l'aire de stationnement, les garages et les allées comme piste de course, faisant gronder leur moteur.
12. Pour des raisons de sécurité, la limite de vitesse de 10 milles à l'heure sera mise en application.
13. Tous les règlements de stationnement seront mis en application par la Gestion.

Le 23 août 1976

Président - Bureau des Gouverneurs

SÉCURITÉ: VEUILLEZ SIGNALER TOUTE ACTIVITÉ SUSPECTE DANS LE GARAGE IMMÉDIATEMENT À VOTRE SURINTENDANT.



Friendly Reminders

From your Directors

Do's and don'ts lists are never a popular item to receive nor are they a joy to write without sounding negative and restrictive. However, it has been some time since a list has been circulated so we thought we would refresh your memory. For those new to Tower B you may be unaware of some items. We hope you will read these and keep the list in a safe place. The rules and regulations outlined are for everyone's safety and enjoyment of our living space.

Your Board of Directors

Air Conditioners

A written request must be made to the Board before installing an air conditioner. A dedicated electrical circuit must be installed by a licensed electrician and written proof of such an installation is required before an air conditioner can be used. Damages caused by a defective installation will be charged to the unit owner. By-law # 1.

Animals/Dogs

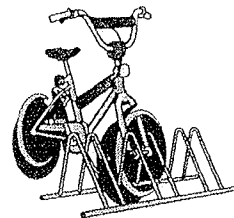
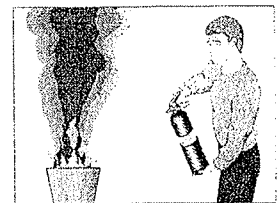
Are not allowed in or about any unit, or on the common elements. Visitors are not permitted to bring animals/dogs into any unit, or common elements. By-law # 4.

Balconies

Do not store anything on the balcony. Only seasonal furniture and flower boxes are allowed (placed against the cement wall, properly tied down). Carpets are allowed but can only be glued at the edges to allow for removal if required. **Do not throw dust, snow, cigarette butts, beer bottles or pop cans over the balcony.** Seasonal cleaning is the responsibility of the resident. Clothes lines are not allowed on balconies as they are unsightly.

Bar-B-Q's

No outdoor cooking or use of Bar-B-Q's is permitted on balconies, for safety reasons. Bar-B-Q's are not permitted by order of the Fire Department. By-law # 1798.



Bicycles

Bicycles may not be transported in the elevators or through the lobby. Two storage rooms are available, one on the ground floor and a caged area in the lower garage. Apply to Management for a storage place in one of the two rooms.

Christmas Lights

Please save energy. Christmas lights are to be turned on **only** between December 6 and January 6. For safety reasons, ensure that Christmas lights are securely fastened to balcony railings, and that they are removed after the Christmas season.

Clothes Washers, Dryers & Dishwashers

Clothes washers and dryers are not permitted in units since the building's plumbing system was not constructed for this type of use. The laundry facilities on the main floor are inexpensive and of top quality.

Dishwashers must be installed by a licensed plumber/electrician and proof of proper installation must be provided to management.

Damages caused by a defective installation will be charged to the unit owner. By-law # 1.

Energy Conservation

Help minimize our electrical costs by

- keeping windows shut in the winter,
- turning off lights when you are not at home, or when you leave the room.

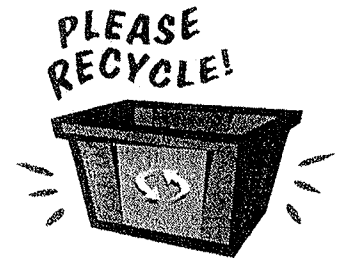
Sauna - ensure the door of the sauna stays closed when the heat is turned on.

Garage

Please ensure that your car is parked in your assigned space in the garage. Stickers with the numbered parking stall are available at the condominium office. Remove all valuables from your car, including your remote garage door-opener. Also be on the lookout for any suspicious persons when entering or leaving the garage or parking your car. Both garage levels have several car wash locations. Ensure that those areas are left clean following any work done on your vehicle.

Garbage/Recycling

Place your garbage in bags and properly tie them before throwing them down the chute. Also note that **recycling** is in effect for most items. We ask that you fold or take apart any cardboard boxes before



placing them in the recycling room. Do not leave recycling on the floor but place it in the proper bins provided. The recycling is picked up on Monday mornings so please try to dispose of your items by Sunday evening. Please do not throw garbage down the chutes **before 7 a.m. or after 10 p.m.** so as not to disturb the occupants of the units immediately beside the garbage chutes. As we now have a compactor, it is imperative that no construction material such as wood, metal, etc., be thrown down the chute. Ensure that contractors remove all construction materials.

Laundry Room

The laundry room is open to **residents only**. It is not permitted to have friends or relatives use the Corporation's laundry facilities. Report any unauthorized use to Management. The laundry room is open 24 hours a day. We ask that you ensure that the door is closed and locked and the lights are off when you are the last to leave the room. Please **do not use more than 3 machines at one time during busy periods** out of courtesy to your neighbours. Ensure that you remove your laundry promptly after the cycle is complete. Washing machines run for 25 minutes and dryers run for 60 minutes. Please clean the lint trap in the dryers after every use.

Moving

It is essential to book a date and time with Management for moving in and out of the building. Moving is not permitted on Sundays. All moves must be made between 8 a.m. and 9 p.m. Should you have large items delivered or picked up, please make arrangements with the superintendent to place the elevator on service.

Noise

Certain types of noise are a problem even in buildings constructed of concrete like Château Vanier. Please be considerate of your neighbours and don't play the radio/stereo/TV too loud, and wear slippers or soft shoes if you have parquet floors. Felt pads under chairs and table legs will minimize noise and protect your wood floors.

Outdoor Parking

Should you have visitors whose car will remain in the visitors' parking area overnight, place a note on the dashboard, indicating a telephone number where they can be reached, otherwise the car could be towed away. The outside parking is for the use of visitors and not for storage of vehicles. Report any unauthorized use of our parking by those going to other establishments (i.e. nearby restaurants, etc.) to management.

Party Room

Residents of Château Vanier have a newly renovated Party Room and Card Room which they may rent at a minimal cost. We urge you to keep the room clean during use; wipe up any spills immediately and observe the rules and regulations set down in the rental contract.

Pigeons

Please do not feed the pigeons. Should you see them on your balcony, chase them away immediately. Pigeon eggs are to be destroyed when found. Pigeons are not an endangered species.

Shopping Carts

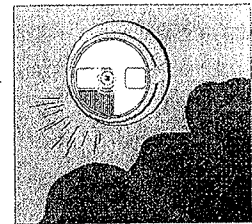
It is **no longer permitted** to bring merchants' shopping carts into the building or onto the property. These carts are the property of the stores and it is considered theft if taken off store property. They damage our elevators and hallways. If necessary, purchase a small cart from Canadian Tire or other store. Bylaw # 1 Article 13.

Security

Open the main entry door, only after the caller has been identified. **Do not let anyone into the building or garage areas unless you know him/her.** The main entry can be viewed by turning your television to channel 69 on Rogers Cable. Report any persons acting in a suspicious manner to the management office at 745-1501 (24 hours a day, 7 days a week). After regular office hours, the call will be taken by the duty superintendent.

Smoke Detectors

Are required by law. Replace the battery in your smoke detector at least once a year. A good time might be when you change your clocks in the Spring or Fall.



Superintendents' Hours

The regular working hours of our superintendent are from 8 a.m. to 5 p.m. Monday to Friday. Before or after those hours please contact the duty superintendent at 745-1501. We would ask that you respect these hours and not disturb the superintendent when the 'Off Duty' sign is on his door.

Swimming Pool/Exercise Room

The Château Vanier complex includes an inside swimming pool and an exercise room for the use of the residents of all 3 towers. The hours of operation are posted on the Bulletin Boards. Rules are posted at each location. Contact the management office to obtain a key for these facilities.

Unit Decorations/Changes

When decorating your unit and changing such things as carpets, cupboards, doors, electrical appliances, furniture, etc., it is your responsibility to arrange for the removal of discarded materials. They are not to be left in the garbage area. Owners who do not comply with this policy will be invoiced for the removal costs of discarded materials. We would also ask that you show courtesy to your neighbours by not carrying out any work before 9 a.m. and by stopping at 9 p.m. Noise travels easily through concrete buildings. Please be courteous to your neighbours by keeping it to a minimum.

Workshop

A workshop is available for the exclusive use of resident-owners and their tenants. Access to this facility can be requested through Management. Its use is limited to minor repair work or handicraft projects and is not to be used for major work or commercial purposes. Tools and materials are not supplied. The workshop is not to be used for storage. The Corporation is not responsible for tools or projects left in the room when the owner is not present.



EMERGENCIES

In case of all emergencies regarding unit problems (floods, major electrical problems, etc.) please call the management office at **745-1501** (24 hours a day, 7 days a week). After regular office hours, the call will be taken by the duty superintendent.

